

Portway Primary School – school lunch menu options: October 2019 – April 2020

	Monday	Tuesday	Wednesday	Thursday	Friday	
WEEK 1	Choice 1	Burger in Bun with Salad & Coleslaw	🍷 Spaghetti Bolognese (Lamb)	Roast Chicken & Stuffing with Roast Potatoes	Lamb Tikka Masala with Rice	BBO Chicken with Chips
	Choice 2	Fisherman's Pie	Spanish Omelette with New Potatoes	Fish in Batter with Roast Potatoes	🌱 Chick Pea & Potato Curry with Rice	Fish Fingers with Chips
	Vegetarian	Quorn & Pepper Fajita with Salad & Coleslaw	Winter Vegetable & Lentil Crumble with New Potatoes	Butternut Squash & Spinach Tart with Roast Potatoes	Pizza with Olives & Tomato	Quorn Sausage 'Toad in the Hole' with Chips
	Side Dishes	Sweetcorn Fresh Broccoli	Organic Carrots Garden Peas	Fresh Seasonal Vegetables	Mini Corn on the Cob Green Beans	Garden Peas Baked Beans
	Dessert	🍌 Pear & Peach Crumble with Custard	🍌 Fruity Flapjack	🍌 Sticky Orange Cake with Custard	🍌 Chocolate Sponge with Chocolate Custard	Fruit, Jelly & Ice Cream
Daily Options	Fresh Fruit / Fresh Organic Yoghurt / Cheese & Biscuits / Homemade Bread • Unlimited salad and vegetables and freshly made sandwiches					
Week 1: 28 Oct, 18 Nov, 9 Dec, 13 Jan, 3 Feb, 2 Mar, 23 Mar						
	Monday	Tuesday	Wednesday	Thursday	Friday	
WEEK 2	Choice 1	Meatballs with Pasta & Tomato Sauce	Lamb & Vegetable Jollof Rice	🍷 Roast Turkey with Yorkshire Pudding & Roast Potatoes	Greek Style Souvlaki Chicken with Rice	Jacket Potato with Chilli Con Carne
	Choice 2	Fish Burger with Coleslaw & Salad	Mexican Chicken Wrap	Wholemeal Tuna Hoagie Melt	Oriental Beef/Lamb* Stir Fry Noodles	Fish in Batter with Jacket Wedges
	Vegetarian	🌱 Vegetable Biryani with Dhal	Vegetarian Lasagne with Focaccia	Cheese & Onion Slice & Roast Potatoes	Quorn & Sweet Potato Curry with Rice	🌱 Vegan Burger with Jacket Wedges
	Side Dishes	Fresh Broccoli Mixed Vegetables	Mini Corn on the Cob Organic Carrots	Fresh Seasonal Vegetables	Sweetcorn Green Beans	Garden Peas Baked Beans
	Dessert	Raspberry Ice Cream Sponge Roll	🍌 Apple Crumble with Custard	🍌 Fruit Cheesecake	🍌 Lemon & Courgette Cake with Custard	Frozen Yoghurt With Fruit
Daily Options	Fresh Fruit / Fresh Organic Yoghurt / Cheese & Biscuits / Homemade Bread • Unlimited salad and vegetables and freshly made sandwiches					
Week 2: 4 Nov, 25 Nov, 16 Dec, 20 Jan, 10 Feb, 9 Mar, 30 Mar						
	Monday	Tuesday	Wednesday	Thursday	Friday	
WEEK 3	Choice 1	Baked Sausages with Mashed Potatoes	Minceed Lamb & Vegetable Pie with Chips	Roast Lamb & Yorkshire Pudding with New Potatoes	🍷 Chicken & Korma with Rice	Chicken & Sweetcorn Pasta Bake
	Choice 2	🌱 Vegetable & Lentil Curry with Rice	Fish in Breadcrumbs with Chips	Italian Style Fish Fillet with New Potatoes	Fish Biryani	Fish Fingers with Jacket Wedges
	Vegetarian	🌱 Vegan Jerk Wrap	Tuscan Vegetable & Mixed Bean Pasta Bake	Cheese & Tomato Pizza	Macaroni Cheese with Focaccia	Veggie Keema with Naan Bread
	Side Dishes	Mixed Vegetables Garden Peas	Sweetcorn Broccoli	Fresh Seasonal Vegetables	Green Beans Roast Peppers	Baked Beans Garden Peas
	Dessert	🍌 Rice Pudding with Jam	🍌 Raspberry & Coconut Slice with Custard	Chocolate & Mandarin Mousse	🍌 Lemon & Banana Cake with Custard	Waffles with Fruit & Ice Cream
Daily Options	Fresh Fruit / Fresh Organic Yoghurt / Cheese & Biscuits / Homemade Bread • Unlimited salad and vegetables and freshly made sandwiches					
Week 3: 11 Nov, 2 Dec, 6 Jan, 27 Jan, 24 Feb, 16 Mar						