

Primary School Name

Autumn Winter Menu / October 2019 to March 2020



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Burger in Bun with Jacket Wedges	Spaghetti Bolognese (Beef/Lamb)*	Roast Chicken & Stuffing with Roast Potatoes	Lamb Tikka Masala with Rice	BBQ Chicken & Chips
Choice 2	Fisherman's Pie	Spanish Omelette with New Potatoes	Fish in Batter & Roast Potatoes	Chick Pea & Potato Curry with Rice	Fish Fingers with Chips
Vegetarian	Quorn & Pepper Fajita	Winter Vegetable & Lentil Crumble with New Potatoes	Butternut Squash & Spinach Tart & Roast Potatoes	Pizza with Olives & Tomato	Quorn Sausage 'Toad in the Hole' With Chips
Side Dishes	Sweetcorn Fresh Broccoli	Organic Carrots Garden Peas	Fresh Seasonal Vegetables	Mini Corn on the Cob Green Beans	Garden Peas Baked Beans
Dessert	Pear & Peach Crumble with Custard 	Fruity Flapjack 	Sticky Orange Cake with Custard 	Chocolate Sponge with Chocolate Custard 	Fruit, Jelly & Ice Cream
Daily Options	Fresh Fruit Platter / Fresh Organic Yoghurt / Cheese & Biscuits / Homemade Bread				



Please indicate meat preferences as required:



Halal / Halal un-stunned / Non-Halal / Both

*Beef Preferred? Yes / No

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Meatballs with Pasta & Tomato Sauce	Lamb & Vegetable Jollof Rice	Roast Turkey with Yorkshire Pudding & Roast Potatoes	Greek Style Souvlaki Chicken with Rice	Jacket Potato with Chilli Con Carne
Choice 2	Fish Burger with Coleslaw & Salad	Mexican Chicken Wrap	Wholemeal Tuna Hoagie Melt	Oriental Beef/Lamb* Stir Fry Noodles	Fish in Batter with Jacket Wedges
Vegetarian	Vegetable Biryani with Dhal	Vegetarian Lasagne with Foccacia	Cheese & Onion Slice & Roast Potatoes	Quorn & Sweet Potato Curry with Rice	Veggie Burger with Jacket Wedges
Side Dishes	Fresh Broccoli Mixed Vegetables	Mini Corn on the Cob Organic Carrots	Fresh Seasonal Vegetables	Sweetcorn Green Beans	Garden Peas Baked Beans
Dessert	Raspberry Ice Cream Sponge Roll	Apple Crumble with Custard 	Fruit Cheesecake 	Lemon & Courgette Cake with Custard 	Frozen Yoghurt With Fruit
Daily Options	Fresh Fruit Platter / Fresh Organic Yoghurt / Cheese & Biscuits / Homemade Bread				



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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Baked Sausage with Mashed Potatoes	Minced Beef/Lamb* & Vegetable Pie with Chips	Roast Lamb/Beef* & Yorkshire Pudding with New Potatoes	Chicken & Korma with Rice	Chicken & Sweetcorn Pasta Bake
Choice 2	Vegetable & Lentil Curry with Rice	Fish in Breadcrumbs with Chips	Italian Style Fish Fillet with New Potatoes	Fish Biryani	Fish Fingers with Jacket Wedges
Vegetarian	Vegetarian Jerk Wrap	Tuscan Vegetable & Mixed Bean Pasta Bake	Cheese & Tomato Pizza	Macaroni Cheese & Focaccia	Veggie Keema & Naan Bread
Side Dishes	Mixed Vegetables Garden Peas	Sweetcorn Broccoli	Fresh Seasonal Vegetables	Green Beans Roast Peppers	Baked Beans Garden Peas
Dessert	Rice Pudding with Jam 	Raspberry & Coconut Slice with Custard 	Chocolate & Mandarin Mousse	Lemon & Banana Cake with Custard 	Waffles with Fruit & Ice Cream
Daily Options	Fresh Fruit Platter / Fresh Organic Yoghurt / Cheese & Biscuits / Homemade Bread				



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*Beef Preferred? Yes / No