

Family Gardening & Cooking Club

Do you love Gardening, Cooking or even Both?

Why not join our Family Gardening & Cooking club, which will be running every **Thursday 3:15pm – 5pm,**

starting from Thursday 12th September 2019. Numbers are limited, so please sign up as soon as possible!



Baby Yoga

Mother & Baby Group 0-9 months
Every Wednesday (Sep 11th, 18th, 25th & Oct 2nd)

Our Mother and Baby yoga offers lots of benefits to your baby – from calming and relaxing them, to helping their reflexes develop. It can improve their awareness of their surroundings, and even make your bond stronger.

Starting on Wednesday 11th September!
9:00am – 10:15am



WHAT'S ON FOR PORTWAY FAMILIES?



Leading Learning Trust

If you are interested in any of the following workshops or would like to get more information, please contact our Family Liaison Officer – Wendy Zadigue by e-mail (familyhub.portway@leadinglearningtrust.org) or by phone **0208 472 7142**



FEMALE ONLY Yoga Classes

Yoga classes will run every Wednesday morning from

9:30am – 10:30am
starting on
Wednesday 11th September 2019

Friends & Family are welcome!!
There is a £2 charge per session.

Parent Protect

This workshop is designed to raise awareness of potential risks to children and help parents to reduce the risk of harm.

After attending the session, parents will be in a position to raise awareness, offer advice and support to anyone who may have concerns about a child.

Thursday 17th October
9:00am – 11:15am



FREE ESOL CLASSES

We are offering 30 hours of FREE ESOL to beginner ESOL learners.

Within this course you will be learning about:

- Community
- Work Opportunities
- Friends and Family
- My next step in learning English & Much more!

Due to high volumes of interest, parents will be notified after the information session whether they have secured a place.

Start Date - TBC

